



---

**Retrograde ~ DIVINATIONS**  
**SEPTEMBER 26 – OCTOBER 18, 2021**

*What needs to be Reviewed, Revised, Redreamed or Released so you can express in New & Different ways? Starting with . . .*

---

***Your Personal Relationships***

---

***Your Social & Community Relationships***

---

***Your Creativity & Beauty***

---

***Navigating the Retrograde Period***

---

***Navigating Work/Public***

---

***Navigating Home/Private***

---

## *Your Personal Relationships*

### **8 of Earth ~ INNER ORDER**

#### **Keywords:**

Inner Order ~ Slow but Steady Development ~ Self-Discipline ~ Honesty ~ Diligence  
~ Groundedness ~ Frugality

#### **Inner Message:**

Trust your inner development now ~ then watch how everything turns out for the best. You don't have to control every detail to achieve what you want! /things unfold with the greatest ease & beauty when you don't interfere with the flow of their natural development.

#### **Outward Manifestation:**

Diligent work on a long-lasting project. With patience & frugality you now achieve lasting success. A positive attitude, coupled with a sense of order & self-discipline, result in further growth on all levels of your existence. You are learning to economize where a situation demands it, while simultaneously learning to thoroughly enjoy the fruits of your labor.



---

### **SHADOW: 10 of Fire ~ OPPRESSION**

#### **Keywords:**

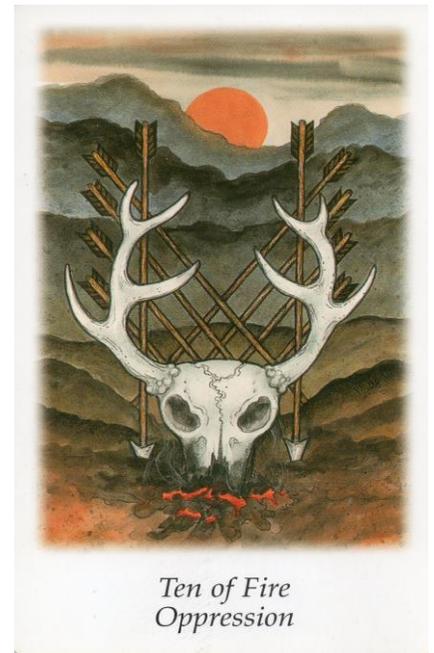
Oppression ~ Resistance ~ Stagnating Lifeforce ~ Internalized Aggression ~ Fear of Self-Realization ~ Fear of Possible Loss

#### **Inner Message:**

When this card comes to you, it signifies that you are 'sitting' on your energy ~ your own lifeforce. Since you are holding on tight, it can't flow. Examine the area in your life that may be stagnant. Realize you have nothing to lose if you slowly start to dissolve these inner tensions with some physical exercise, deep relaxation and meditation.

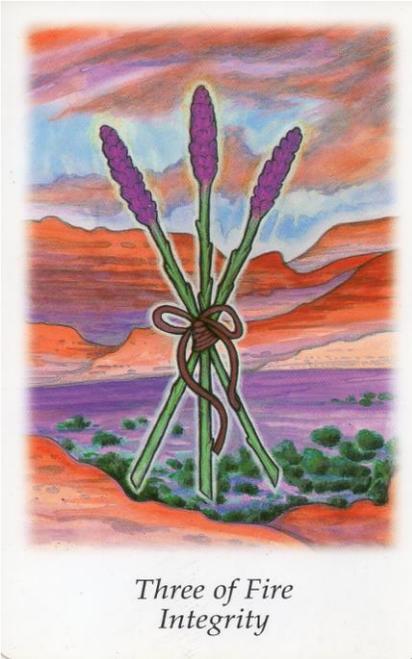
#### **Outward Manifestation:**

You can't move ahead if you hold our own energy back. What circumstances in your life are reflecting your inner resistance? What inside you refuses to be detected and expressed? What don't you want to show? What inhibitions are stopping your power from flowing freely? In the long run, blocked energies cause gloominess, and finally depression. Be aware of this cycle. Take heart, and let your lifeforce flow as it wants to, without fear of the consequences.



---

## *Your Social & Community Relationships*



### **3 of Fire ~ INTEGRITY**

#### **Keywords:**

Integrity ~ Innocence ~ Being in the Heart ~ Simplicity ~ Natural Confidence ~ Valuing Oneself ~ Clarity ~ Sincerity

#### **Inner Message:**

If you let the innocence of your heart come to the forefront, most worries simply fall away. Once you accept yourself just the way you are, competitiveness & envy cease to dominate. Your path to freedom is found in the clarity & simplicity of your heart.

#### **Outward Manifestation:**

The fear of not getting enough if you don't put in constant effort, can finally dissolve. You realize that the most important things in life arrive on their own accord, not because you earned them! Let your heart lead you to the people & circumstances you need to continue growing gently & easily.

---

### **SHADOW: 8 of Air ~ INTERFERENCE**

#### **Keywords:**

Interference ~ Interrupted Energy Flow ~ Inhibitions ~ Being in the Head Too Much ~ Misgivings & Worries ~ Stagnant Forces ~ Unforeseen Obstacles & Challenges

#### **Inner Message:**

Your brain can't decide for or against anything right now. Actually, there's no need to solve all your problems at once. Thoughts have their limitations, they get you only so far. Now relax and let everything that threatens to overwhelm you drop off for a moment. Then see what arises.

#### **Outward Manifestation:**

A situation demands to be cleared up. But there may be obfuscation or a delay caused by unexpected outside interference. Detach! It is wiser to step back. Simply wait what happens. At the moment you are not the only player on that stage. Others may have a totally opposing agendas and views. So watch what develops from a certain distance. A delay often reveals a more creative solution. Don't push for a decision now! From confusion arises only more confusion.



---

## *Your Creativity & Beauty*

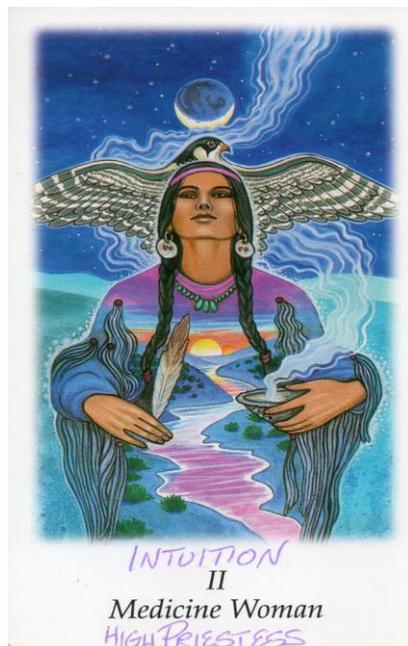
### II ~ The High Priestess ~ MEDICINE WOMAN

#### **Keywords:**

Intuition ~ Soulfulness ~ Your Female Component ~ Initiation ~ Healing ~ Love for Mankind ~ Prophecy & Clairvoyance ~ Visionary Power

#### **Inner Message:**

Medicine Woman symbolizes your feminine powers, the soulfulness within. By flooding you with intuitions, she initiates you into her many mysteries. Among other things, she can start and accelerate healing processes. Once you submit to this energy within you, you will also be healed. Holy comes from healed and wholeness is revealed through healing. Initiation in this case means to be introduced to your own healing powers. These spring from the deepest and highest dimension of our consciousness. Relax deeply, and a miraculous healing knowledge will arise spontaneously. The more playful and flexible you are when receiving intuitive insights, the more accurate your forecasts will be. The more silently alert you become, the more directly and clearly your intuition speaks to you.



#### **Outward Manifestation:**

Intuitive powers can affect your life only when you give them enough room to unfold. What Medicine Woman stands for cannot be forced or conjured up. To let her affect the course of your daily life, you must first recognize your negative thought patterns and consciously let them go. Only then will it be possible to drink from the well of intuitive wisdom that is seamlessly connected to the source of all life, wherever it manifests in the universe. The wisdom that arises from the Ground of All Being is limitless and eternal, indescribable, beyond words. To wake up to it, a lot of attention has to be directed within. To be healed internally, love needs to be found within. Your path is to follow your intuition.

---

### SHADOW: 5 of Fire ~ STRESS

#### **Keywords:**

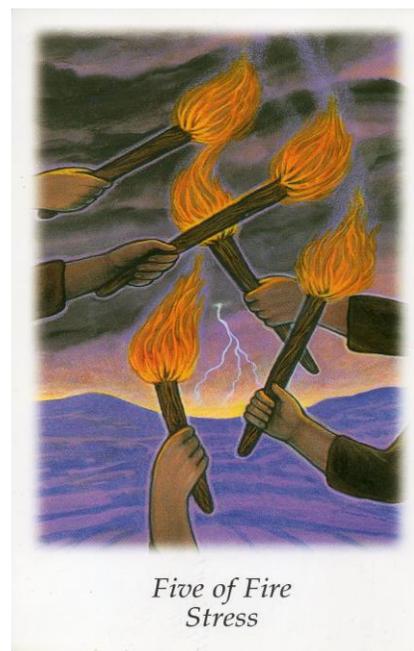
Stress ~ Quarrel ~ Disagreement ~ Power Trips ~ Agitation ~ Ambition ~ Competitiveness

#### **Inner Message:**

When an onslaught of some kind has thrown you off balance, turn your attention to what goes on inside. Emotional stress and the pressure you feel coming from the outside are actually manifestations of the quarrel that takes place inside you when dueling values & beliefs clash.

#### **Outward Manifestation:**

Life reflects what goes on inside you at any given time. If daily life causes too much stress and anxiety, stop and take a moment to find yourself again. Fighting will only cost you more energy. Remember there is a very private room inside you, filled with peace and calm. This sanctuary always remains open to you.



---

## *Navigating the Retrograde Period*

### **XIX ~ EVOLUTION**

#### **Keywords:**

Evolution ~ Vitality ~ Illumination ~ Beauty ~ Joyous Fulfillment ~ Contentment ~ Bliss ~ Love ~ Ripeness ~ Inner & Outer Abundance

#### **Inner Message:**

The light of the Sun keeps us alive. Its warmth allows us to exist on this planet. No wonder our indigenous ancestors prayed to it as to a god or goddess. To them, the Sun most vividly represented the presence of an immeasurable and eternal divine power. Solar power makes you enter a new stage in life now, a phase of happiness, fulfillment & gratitude. Your inner Sun is rising! Its radiance illumines your path. You no longer need help from outside when you learn to trust your inner Sun. That's what all our striving is truly about: to find our own, unique way; to live our own realizations, to follow our own inner light. The Sun is a sign that you are very close to this.

#### **Outward Manifestation:**

With the dawning of a new awareness, everything changes within and without. The vibrations of the coming age are touching you, altering your outlook, sweeping through your consciousness, freeing it from old thought patterns and the bondage of rigid routines. In this release, your energy wants to dance, to celebrate, to soar to unknown heights. The Sun reflects the pioneering spirit that forges ahead with unflagging optimism & strength for the benefit of all. Surrender to the kiss of the inner Sun! Most of all enjoy this eternal moment of being filled with sheer presence.

---

### **SHADOW: 5 of Earth ~ INSECURITY**

#### **Keywords:**

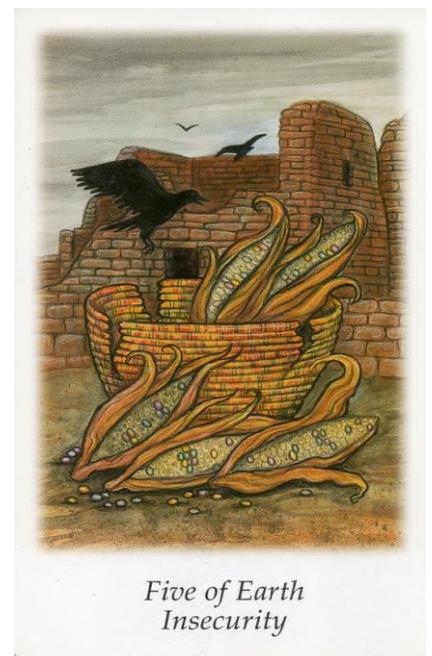
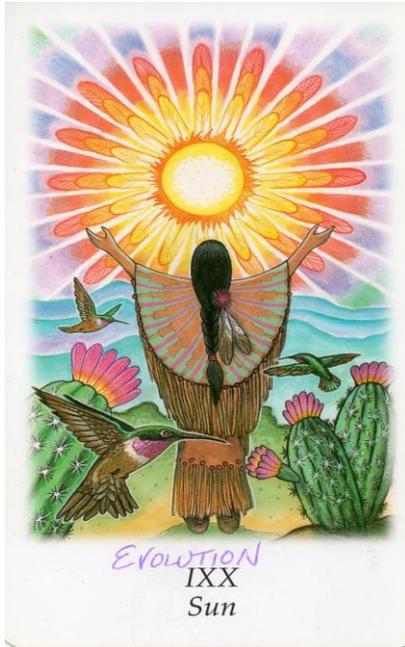
Insecurity ~ Fear of Loss ~ Worries ~ Negative Thoughts ~ Self-Abuse ~ Self-Condensation ~ Fear of Inadequacy ~ Self-Pity

#### **Inner Message:**

Once again, you have been pulled into an old, negative mind-loop. To get out of it requires your full attention. Remember why you tend to think about yourself so harshly. Look closely: where does this destructive influence come from, and who needs it? Find out! Become aware of the influence negative thoughts have, and how you allow yourself to be hypnotized by them.

#### **Outward Manifestation:**

In this state it is better to stay on the sidelines. Don't try to accomplish big things, let along making important changes in your environment. An insistent fear of failure could jeopardize what develops now. First let that dark cloud of worry pass out of your mind and renew your consciousness. By becoming still and regularly relaxing your mind, you will soon find that everything looks a lot brighter and much more clear.



---

## *Navigating Work/Public*

### **9 of Fire ~ INNER STRENGTH**

#### **Keywords:**

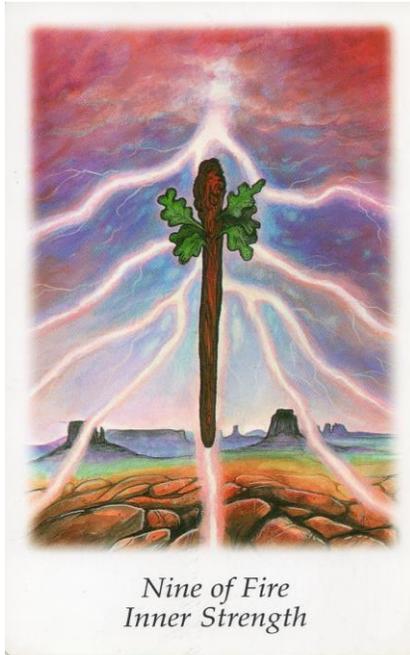
Inner Strength ~ Breaking Through ~ Growth ~ Courage ~ Resolve ~ Concentrated Energy ~ Hidden Forces Made Conscious

#### **Inner Message:**

Just as the seed sprouts green leaves out of nowhere, you can trust that your own hidden strengths will sprout. You know they exist within. All you need is a little more patience and faith in your inner growth process. The new power arising within you expands your comprehension of where you stand.

#### **Outward Manifestation:**

A deepening trust in your own growth process allows you to become creative in a new, more fulfilling area. Your energy is high enough to let you find better ways to express yourself and get things done. Enjoy these “high times”! Appreciate the clarity this upsurge of energy brings to your perceptions.



*Nine of Fire  
Inner Strength*

---

### **SHADOW: 7 of Earth ~ DEPLETION**

#### **Keywords:**

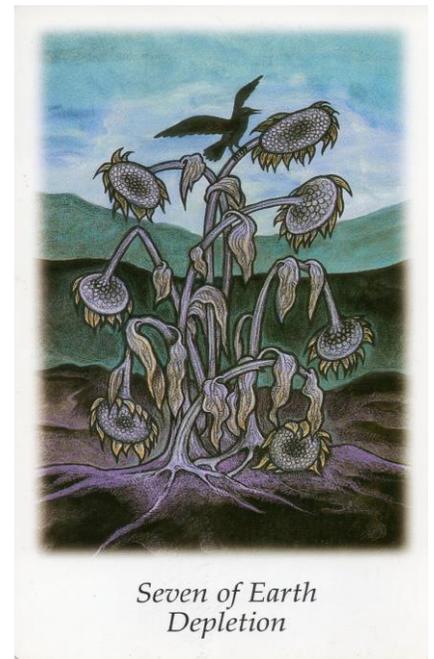
Depletion ~ Exhaustion ~ Speculations ~ Set Backs ~ Power Dips ~ Disappointment ~ Doubts ~ Fear of Loss

#### **Inner Message:**

Expecting something increases our chances of being disappointed. Stay in this moment, completely conscious in the present, and be very still. Give yourself a little more rest at this point, and don't project your negative thoughts into the future.

#### **Outward Manifestation:**

The fear of ending up as a nobody in the material world and therefore never getting enough, paralyzes your creative power right now. Don't waste whatever energy you have left on unimportant activities. That only hurts and distracts you further from your path. Depressive tendencies are strengthened by tightly holding onto your already stagnating energy. Your most essential lesson now is to give ~ give without expecting something in return. To get the life force energy moving again, be willing to let it go. Having to get by on less than full capacity sometimes can be very instructive. Learn to be happy with less.



*Seven of Earth  
Depletion*

---

## *Navigating Home/Private*

### Son of Air ~ REBELLION

#### **Keywords:**

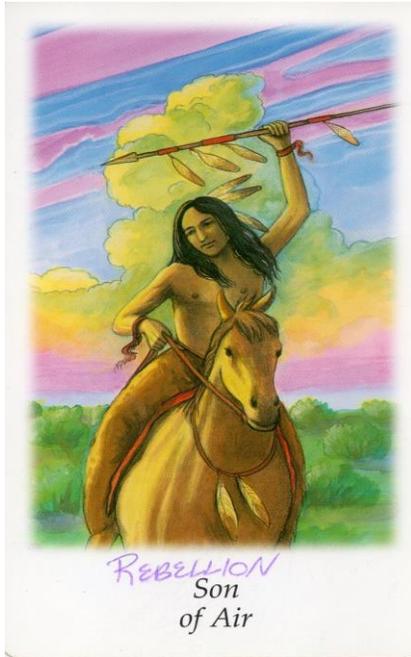
Rebellion ~ Urge to Be Free ~ Vehemence ~ Restlessness ~ Inner Conflict ~ Mental Agitation ~ The Vain Attempt to Fulfill Ego Desires

#### **Inner Message:**

The “liberation phase”, where one breaks away from one’s own habitual drought patterns and those of others too, is one of the most important steps in growing up. This phase cannot be bypassed. With unflinching clarity you have to recognize that struggling with your own inner world, your own phantoms, projections and identifications, will get you nowhere. Once you have seen this for yourself, the inner battle ends. You realize it was you, who projected the movie now playing on your internal screen.

#### **Outward Manifestation:**

Thoughts, when not supported and tempered by the heart, are not endowed with positive, life-giving power. Right now, it is best to refrain from carrying your misgivings out into the world or involve more people in your resistance fight. Accept the message of this card and ask yourself what exactly you keep on fighting within yourself. Slowly, learn to stay centered, even in the midst of chaotic activity. Learn to rest in the stillness within, the silence that clarifies all things for you.



---

### SHADOW: 7 of Air ~ FUTILITY

#### **Keywords:**

Futility ~ Negative Expectations ~ Discouragement ~ Rigid Thought Patterns ~ Survival Fears ~ Resistance to the Inner Emptiness ~ Fear of the Unknown ~ Collapse of Illusions

#### **Inner Message:**

If we don’t become keenly aware of them, the behavior patterns we grew up with continue to dominate our life. The fear of being inadequate, unable to accomplish anything worthwhile, is usually a hang-over from the past. Recognize that the negative thoughts tormenting you over and over again, truly have nothing to do with your present situation.

#### **Outward Manifestation:**

If you wallow in your negativity long enough, it should come as no surprise that you attract what you fear the most. Then even the outside world will oblige you by getting more scary! As long as you don’t know how to get out of a trouble-spot, keep quiet. Inaction is better than any action on your part now. A deeper understanding arises through patience and forgiveness, especially when it comes to yourself.

