



## ~ *Divine Guidance* ~

**\*NOTE\*** I asked Great Spirit to guide my hand on behalf of the group, regarding the current major shift and working with the **Virgo Full Moon ~ 3.19.2011 ...**

### ***Guidance on Preparing to Pass thru Borders, Portals & Gateways (Oh My!)***

#### **Chapter: The Crystal Cathedral of the Soul**

##### ***Trust is Within You***

Excerpt from: ***Sunlight On Water: A Manual for Soul-Full Living***  
by Flo Magdalena of [SoulSupportSystems.org](http://SoulSupportSystems.org)

The other thing that happens as soon as you feel the safety is that it's as if trust comes down to meet you, because you've always thought of trust as something you have to have, not something that exists inside you. Everybody thinks about it that way. "I don't have enough trust." Listen to people. They don't say, "I am not enough trust,:" or "The trust is not enough in me." They say, "I don't have trust," or "I don't trust you," or "I don't trust that." They never experience that it already belongs to them, because they think about defining trust as something external.

You already have the trust inside of you. It's built on that safety, and when you're in the soul you always have those three components at the same time - the soul structure, the safety, and the trust. So as that balances in you, it is amplified so that people come to you and begin to have a state of trust with themselves. And that's valuable. If you can impart even that one little iota of consciousness to somebody so they have trust within themselves, their lives will change, because after that they can walk around, and they have PRESENCE. And when they have presence nobody is going to rape them, nobody is going to rob them, nobody is going to kill them.

There is a valuable process going on here within the self, and it isn't about failing. You who have come to serve humanity are learning the ingredients that you carry which are specific to you. Every minute it's the intention, "Well, what am I serving through now? How could I live this in such a way that it would serve humanity? If I have the whole structure of consciousness with me (which is what you've just set up here) then I have all my friends with me whether I see them or not. I have all the angels with me, I have God with me, I have all the souls with me, I have all the trust in the Universe, all the safety in the Universe, all the food in the Universe, whatever I stick in here. This is an absolute space, and as an absolute space it is consistent with the experience that all of the dynamics are ready to be lived now." Because that's the way it is when you have everything attending the moment. There's a birth.