



## ~ *Divine Guidance* ~

**\*NOTE\*** I asked Great Spirit to guide my hand on behalf of the group, regarding the current major shift and working with the **Pisces New Moon ~ 3.4.2011 ...**

### ***Guidance for Crossing Borders & Bridges in to NEW Territory.***

#### **Chapter: The Crystal Cathedral of the Soul**

#### ***Fear is the Messenger of the Soul***

Excerpt from: ***Sunlight On Water: A Manual for Soul-Full Living***  
by Flo Magdalena of [SoulSupportSystems.org](http://SoulSupportSystems.org)

The foundation of your changing tracks is making the conscious decision that you are now ready to look at the fear as if it's a message rather than a killer. It's not going to hurt you, because it brings you something. Have a showdown with it. But YOU, personally, don't have a showdown with it, because it's not up to you. It's not about your personality having a showdown with fear, because that would be a set-up. The fear is stronger by your own admission, so the fear is going to have soul as its adversary, because the soul is strong enough, the soul is immortal, it can't be killed. So you're starting out with a hero or heroine that you know can win, and you're starting out with fear which is going to be the guy that gets put six feet under. This is the objective. You have strength to deal with this, and it's really going to work, so it's not some kind of set-up. Until the soul states its position, the fear has to acquiesce because ***the soul is the place where the deepest point of Free Will is expressed in the Universe*** and in this context, we're talking about here on Earth. You speak to the fear, because it's really a messenger of the soul to get the soul to come out and acknowledge and start living what's in there. It's basically a done deal.

Your deepest fears are unexpressed energies that have not yet found form and direction. So if you bring the fear out and look at it and see what's there, you realize what part of your soul hasn't come forth and been born. The fear stops it from being born. So the soul has every right to rear up and say, "I want to be born." And because of the free will process, the mind has to give permission for the soul to exercise that. It's getting harder for the mind not to give permission as the critical mass is unfolding and the acceleration curve is evolving. There's more energy of awareness than ever before. Souls are really learning to express, and yet it's still a part of the dynamic that is supported by society that it's natural to have fear.

There are only two natural fears at birth: fear of falling, and fear of loud noises. So you go into the cathedral and say, "you're not a natural fear. Why am I having you? You must need to have a conversation here. I've got the stage ready. It's your turn. When I go like that, you speak." And you indicate with your finger - you're the Director here. You just bring it out and see what happens. It can't hurt you because where are you? You're in safety in the cathedral. It's being acted out in your psyche, but you as a person are not damaged, you are enhanced by what happens because you're clearing out the closets. Some fears may be millions of years old, and that doesn't matter. So you don't have to say, "I wonder where that came from. I'd better worry about that for three weeks, because if that was in my psyche, no telling what else might be in there." Just let it come. It's not about judgment, and it's not about holding on and attaching to what happened and deciding because it happened it means something profound.

It's not about taking what happens literally and bringing out in life and saying, "How do I worry about it?" It's watching the unconscious play itself out, and giving it witness, and yet knowing that you don't have the whole picture. See just what you're playing out in that dynamic, and know it is not the whole picture of what's happening in your psyche.

You can forge this commitment and intention to create resolution and balance in your life, and hold it steady and watch it expand, and let all the new pieces come in. You're not focusing or working just on fear, or just trying to stay in the cathedral. You've experienced that, "Wait a minute, there's balance here, I'm getting excited about this! I'm resolving that, I'm having more safety, I'm able to re-source myself more easily. I let the opening and the expanding feed me, so that I keep all of it in balance at the same time." If you start focusing on your fear, you won't see what you're receiving and how things are changing and shifting.

You're using your capacity to create and the concepts of truth to forge new tracks in the consciousness to provide you with the results you want. The fear is dealt with by the soul in the cathedral. The safety and trust in soul and self are felt and acknowledged, and the structure becomes that you are the soul and you are God, for as these points are lived within you, they will begin to manifest from you.

Choose your track. Give the grease to what works, and the dis-integration is then lived only in the illusory and ceases to affect you because by living in the soul, you live now only from truth. And you are safe.